

**CHUBB**

Western Claim Service Center  
P.O. Box 42065  
Phoenix, AZ 85080  
O (213) 612-0880  
F (800) 664-1765

October 21, 2019

Farber & Co  
333 Hegenberger Road, Suite 504  
Oakland, CA 94621

RECEIVED

OCT 29 2019

Pacific Workers'

Re: Employee: Jonathan Shockley  
Employer: Biotelemetry Inc  
Date of Injury: 2/15/2019  
Policy Number: 000071738154 / 000090  
Claim Number: 040519008736  
Company: Chubb Indemnity Insurance Company

In accordance with the Rules of Practice and Procedures of the Workers' Compensation Appeals Board, we submit the following:

( x ) Medicals as follows: All Medicals received from 7-19-19 to 10-21-19

- Daily Note: 3-25-19 & 5-10-19

Sincerely,

*Mario Castro*

Mario Castro/tdl  
Claims Examiner

**PROOF OF SERVICE  
1013A (3) CCP**

**STATE OF CALIFORNIA, COUNTY OF LOS ANGELES**

I am employed in the County of Los Angeles, State of California. I am over the age of 18 and not a party to the within action. My business address is P.O. Box 42065, Phoenix, Arizona 85080.

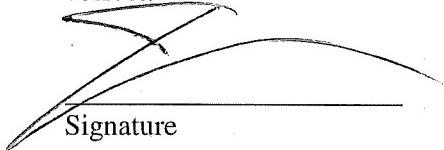
On 10-21-19 I served the foregoing document described as a cover letter and medical reports as listed, on the interested parties in this action by placing a true copy thereof enclosed in a sealed envelope with postage thereon fully prepaid, in the United States mail at Los Angeles, California addressed as follows:

Colantoni, Collins, Marren, Phillips and Tulk  
201 Spear Street Suite 1100  
San Francisco, CA 94105

Farber & Co  
333 Hegenberger Road, Suite 504  
Oakland, CA 94621

Executed on 10-21-19 in Los Angeles, California.

I declare under penalty of perjury, under the laws of the State of California that the above is true and correct.



Signature

Tramaine Lee

\_\_\_\_\_  
Typed or Printed Name

Golden Gate Hand Therapy  
 1700 California St Ste 440  
 San Francisco, CA 94109-4592  
 Phone: (415)359-1444  
 Fax: (415)447-3868

## Daily Note / Billing Sheet

Patient Name: Shockley, Jonathan

Date of Daily Note: 03/25/2019

Date of Birth: 09/27/1978

Injury/Onset/Change of Status Date: 02/15/2019

Referring Physician(s): Lang, Patrick MD

Diagnosis: ICD10: M79.641: Pain in right hand, M79.642: Pain in left hand

Date of Original Eval: 03/18/2019

Visit No.: 3

Treatment Diagnosis: ICD10: M79.641: Pain in right hand, M79.642: Pain in left hand

Insurance Name: One Call PT/ Align Networks

### Subjective

Treatment Side: Left, Right

Current Complaints / Goals: "I tried to lift my bed the other day and it was very hard. I can't believe how weak I am with these exercises."

Home Health Care: No

Mental Status/Cognitive Function Appears Impaired? No

### Objective

#### Objective Findings

MHP/Paraffin to bilateral hands, MHP to bilateral FA on foam roller, backstrokes and snow angels, STM bilateral FA flexors/extensors, US 0.5 w/cm<sup>2</sup> 3 MHz R volar distal FA cont, cupping/graston along FA, red flexbar pro/sup 15x, 1# wrist curls 15x

### Assessment

Assessment/Diagnosis: Pt quick to fatigue w/ 2# and 1# weights during wrist curls; pt motivated to work on strengthening

Patient Education: +wrist curls @ home w/ water bottles as weights

Rehab Potential: Good

Patient Problems:

- Decreased function and increased pain affecting ability to complete I/ADLs.

Short Term Goals:

1: (2 Weeks) | 1. Pt will be I with HEP |

Long Term Goals:

- 1: (6 Weeks) | 1. Pt will decrease pain to 0-1/10
2. Pt will understand and implement proper positioning for I/ADLs.
3. Pt will increase grip strength bilaterally by 10#
4. Pt will be able to return to work part time while implementing proper positioning/breaks. |

### Plan

Instructions: Progressing Patient Next Visit

45 min tx.

Focus on strengthening proximally & distally

*Annie Ting*

Golden Gate Hand Therapy  
1700 California St Ste 440  
San Francisco, CA 94109-4592  
Phone: (415)359-1444  
Fax: (415)447-3868

## Daily Note / Billing Sheet

Patient Name: Shockley, Jonathan  
Date of Birth: 09/27/1978  
Referring Physician(s): Lang, Patrick MD

Date of Original Eval: 03/18/2019  
Treatment Diagnosis: ICD10: M79.641: Pain in right hand, M79.642: Pain in left hand

Date of Daily Note: 05/10/2019  
Injury/Onset/Change of Status Date: 02/15/2019  
Diagnosis: ICD10: M79.641: Pain in right hand, M79.642: Pain in left hand  
Visit No.: 14  
Insurance Name: One Call PT/ Align Networks

### Subjective

Treatment Side: Left, Right

Current Complaints / Gains: "Things are about the same, but I know things are feeling better."

Home Health Care: No

Mental Status/Cognitive Function Appears Impaired? No

### Objective

#### Objective Findings

Paraffin to bilateral hands, MHP to bilateral FA on foam roller, backstrokes and snow angels 1x20, STM to bilateral FA flexors/extensors with FA stretches, green flexbar sup/pro 15x, 2# wrist curls 2x15 each plane, velcroboard 5x back/forth bilateral for grip and 3 pt pinch, gyrobobard for 1 min, C/P

### Assessment

Assessment/Diagnosis: Pt w/ poor endurance for strengthening, continues to have bilateral FA pain w/ functional use

Rehab Potential: Good

Patient Problems:

- Decreased function and increased pain affecting ability to complete I/ADLs.

Short Term Goals:

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### Plan

Instructions: Progressing Patient Next Visit

45 min tx.

97140 manual (1) 15 min  
97110 Therex (1) 15 min  
97013 Paraffin (1)

*Annie Ting*